



# CHARTWELL

## COUNTRY ESTATES

APRIL 2020 NEWSLETTER



## CCE FOOD DROP AT MSAWAWA

In conjunction with Farmall and Millgate, the CCE paid for 3 tons of maize meal which was distributed to Msawawa and Vandisie on Sunday the 26th of April. In Msawawa the joy of receiving a bag of maize was received with such happiness. With every handout the recipient received a note to say that the maize was given by Farmall, Millgate and Chartwell residents. Thank you all for your support. A big thanks to the folk who organized the 700 bags of maize meal. Thank you to Douglasdale Police who assisted with the handing out of the Maize. Together we have made a difference.

## WHAT CAN WE DO TO HELP?

There is no doubt that every person around the world is currently out of their comfort zone in one way or another. The global shut down that the Covid-19 pandemic has resulted in has created uncertainty, anxiety and varying degrees of hardship and discomfort amongst every South African, rich and poor. Our president and the various ministers have made it clear that our government's approach going forward is going to be a slow, 'calculated' re-opening of our economy. The rate at which the economy is reopened will be determined by firstly, how effective the lockdown measures are in slowing down the infection rate and secondly how quickly our medical facilities can be made ready for the expected onslaught that will invariably come.

Whether we agree or disagree with our governments approach, I believe that it is up to every individual in every community in our country to step up and play our part in fighting this virus and all the potential negative impacts that it will bring. If we all put our hands up to do the little that we can, I am positive that we can get things back on track, sooner than we think. Charity begins at home. From a humanitarian, social and security point of view, it is essential for us as a community to do all we can to assist our surrounding vulnerable communities.

As always, when tough times hit, the CCE family have once again shown our charitable and large hearts through the various upliftment and outreach initiatives that have sprung up in our community.

This months' newsletter is dedicated to highlighting these initiatives and encouraging as many Chartwellians as possible to get involved in one way or another. We all have our families, businesses and uncertainties to consider, but the reality is that there are so many people on our doorstep, whose lives will be positively impacted through a relatively small effort from those of us that can afford to make a difference. The other reality is that if we all sit on our hands and wait for the situation to improve or change on its own, things are only going to get worse, ultimately resulting in starving, desperate people resorting to crime. The longer things take to improve, the worse the long term effects will be.

Here is a list of the various initiatives currently underway in and around our area. We encourage you to get involved in whatever way possible. If you would like to kick off an initiative, the CCE which is a registered essential services provider, will be glad to get behind any programmes where we see value being added. In order to donate to any of the initiatives listed below, please either go onto our CCE website and make a credit card payment (click here to go to our CCE website <https://chartwellcountryestate.co.za/product-category/cvd19/>), or do a direct Eft to the CCE bank account with the listed reference.



# Food Parcels

The CCE has partnered with the Future City Fourways team and various other role players in a food packaging initiative to get parcels delivered to Msawawa and various other vulnerable areas nearby. The food parcels consist of a balanced combination of highly nutritious foods that will feed a family of 4 for a month. We request that Chartwell residents donate R500/ pack. If you are willing, we need residents who can volunteer some time to assist with the packing process.

**CONTACT:**

Jenny Nunn 082 334 1740  
 Brian Craig 082 450 4456  
 Bruce Warren 082 442 4260



# Masks

We would like to distribute 1000 cloth face masks to CCE residents and the surrounding community that require. We have numerous residents that can assist with the sewing. We are in need of clothing elastic and fabric, random offcuts, old curtains, any fabric will do. If you are able to sew, we have attached a pattern with instructions on how to make a face mask, please let us know if you are willing to sew up some masks. We will also need volunteers to distribute masks on a designated day when the food parcels are delivered.

If you would like to make a monetary donation to this initiative, R10/ mask to cover costs will be appreciated.

**CONTACT:**

Bruce Warren 082 442 4260



# Dog Food Drive

The Dog Food Drive we are doing is to help people in rural communities provide food for their animals. The aim is to feed as many dogs as possible in the informal settlements through donations. This will be an ongoing project while the lockdown is in force as people are unable to afford pet food in the current economic climate. We will also try to set up a day where we can perhaps deworm the animals and identify pets that are in need of sterilisation to prevent unwanted litters being born.

Going forwards, we are looking at buying in dog food directly from a producer in Brits who has kindly offered to include 25% extra on any order to help us reach more hungry pets.

On April 28, food and pet food was taken to Msawawa, the Pipeline section of the Kysasand informal settlements and the Vundisi and Thabo Mbeki informal settlements. In total, 750kgs of donated dog food was distributed in 150, 5kg packets, with food for 16 cats that are owned by community members. We hope to continue and increase the amount of food and animals we are able to help through our communities donations.

**THINGS TO DONATE:**

**DOG FOOD-** to be able to feed the maximum number of dogs, I suggest buying bow-wow from the lion park shop. Mannie had offered a discount for the township dog food drive which was kindly organized by Alfie.

**CONTACT:**

Taryn 083 680 3347

**DROP OFF:**

159 runnymead ave, Chartwell



# Sandwich Drive

Our aim is to support our community through the covid 19 crisis as best we can by providing:

- Individually wrapped jam sandwiches
- Fresh fruit (oranges : great for vit C) and vegetables
- Groceries (eg maize meal, rice, samp, tinned food, sunflower oil, sugar, tea, salt, long life milk)
- Animal food and cat litter
- Baby products (nappies, Nan 1 & 2 / Lactogen 2,3, wet wipes)
- Toiletries (hand soap, toothpaste, sanitary pads, toilet paper)

**DROP OFF:**

Storage Hub (service road at back of Cedar Square through the security beacons) Monday to Saturday from 9 to 12.

Jason 0833018334

We really appreciate any help we can get so please circulate amongst your Neighbours, friends and family. Together we can make a difference.

**CONTACT:**

Gill : 0634533779

Frankie : 0826860551



# SOUP DRIVE

The Soup drive will be working with Lizzie Mobena of the CPF. Lizzie has about 30 goggos who are resident and have identified those most in need of support, these include child headed households, the elderly and those who require chronic meds, and they pass the food on. We have already made 28 litres of nutritious thick veggie soup which has been delivered. Thank you to those who donated 5 kilos of soup mix and containers. By helping our neighbours we also help ourselves. Our aim is to be able to give as much soup as we can to help those in need.

**DONATIONS:**

- Soup veggies
- Containers for freezing (preferably 2 litre ice cream tubs)
- Cash with which will be used to purchase the necessary products

**CONTACT**

Wodge 082 414 8620

**DROP OFF:**

157 Second Road, Chartwell

## CCE BANKING DETAILS FOR DONATIONS

Go onto our website and make your donations through our shop: <https://chartwellcountryestate.co.za/product-category/cvd19/>

**Nedbank**

Branch Code: 152205

Account Number: 1522075356

Chartwell Country Estates Association



# Sanitary products

Through this initiative we encourage all Chartwell residents to donate Feminine Hygiene Products or money, to help the women and girls in the poor communities who do not have access to these necessities on a monthly basis. If you would like to make a monetary donation to this initiative, R20/ pack of Feminine Hygiene Products will be appreciated.

**DONATIONS:**

- Pad packs
- Tampons packs
- Money donations

**CONTACT:**

Hannah 071 199 7754

**DROP OFF LOCATION:**

178 Longleat Avenue, Chartwell

### EFT DONATION PAYMENT REFERENCES



CVD 19- FoodParcels



CVD 19- Masks



CVD 19- PetFood

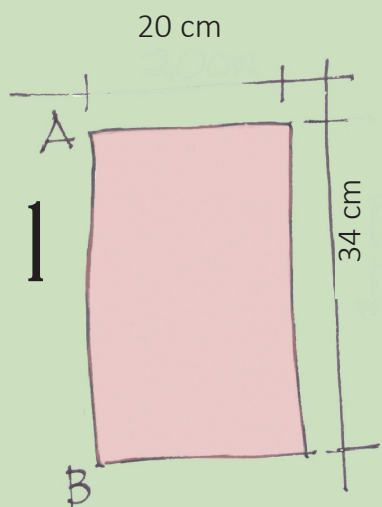


CVD 19- Soup



CVD 19- SanitaryProducts

# HOW TO MAKE A MASK

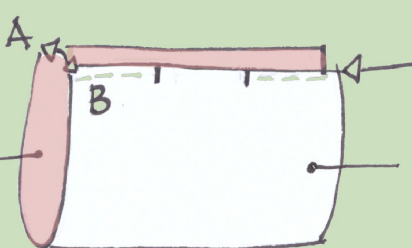


1

2

Leave a 5 cm gap in the center for an opening

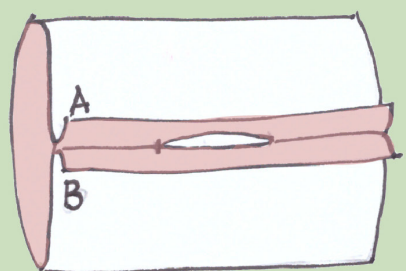
This will be the out side of the mask (the right side)



Stitch down

This will be the in side of the mask

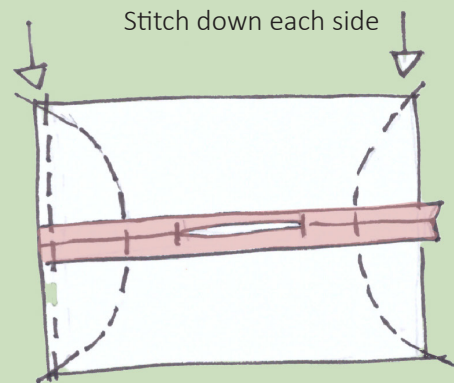
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4

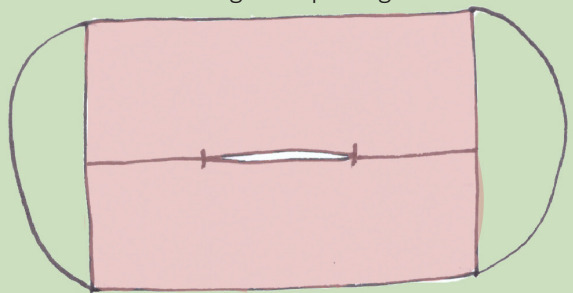
Stitch down each side

Place the elastic inside



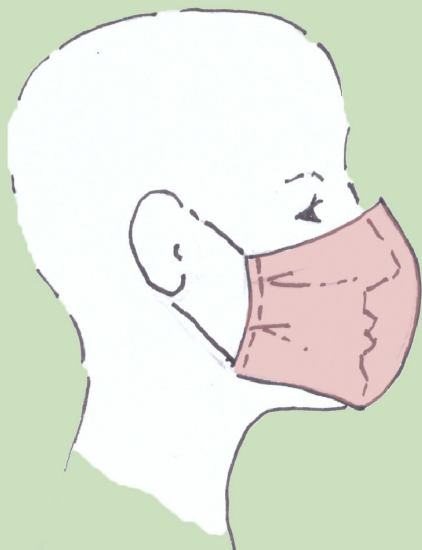
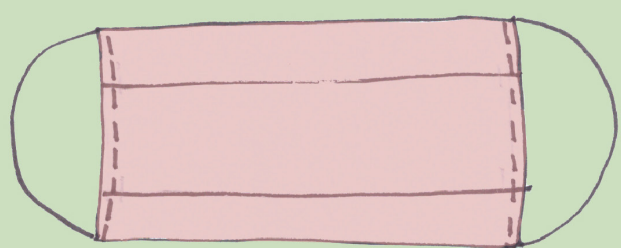
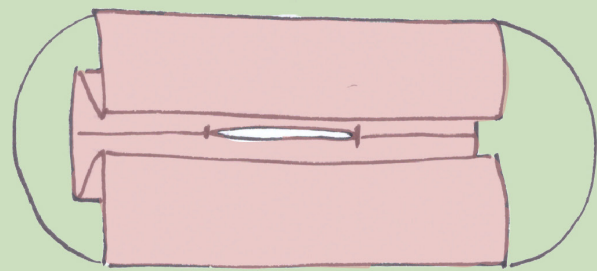
Turn the mask inside out using the opening

5



Fold and pin

6



# MASK INSTRUCTIONS

1. Cut fabric (20cm x 34cm).
  2. Join the short sides together, stitch across (with a 1,5cm seam) leaving a 5cm opening in the middle.
  3. Flatten and have seam on the side right side inside.
- \* the elastic strips- measure to fit your own measurements (from mask around ears). Average elastic length is 16cm.
4. Place the elastics on the inside of the mask (from corner to corner), stitch down the short sides securing the elastics in place.
  5. Using the opening turn your mask inside out.
  6. Fold the masks shor sides in, to make it narrow and stitch down the sides, securing the folded sections.

LINK TO A YOUTUBE VIDEO:  
Video: **How to make a replaceable face mask/ You need a single piece only!**

By: **HappyDanDong TV**

LINK: <https://www.youtube.com/watch?v=w9WQVyWhMw4&feature=youtu.be>

# Aunty Maureen tells:

FAFI AND THE SMOUSE

by Maureen Dalglish

In the early days of Chartwell, both Fafi and the Smouse were almost daily visitors to the area.

Fafi was a mobile form of lottery played in South Africa. Bets were placed and winnings drawn from a Mo-China who would cruise along the bumpy sand roads in his large limousine stopping at various designated spots where there would be a gathering of domestic workers. How they knew he was coming was always a mystery but all work stopped and nothing deterred the gamblers from meeting him.

This was all before gambling, apart from horse racing, was allowed in South Africa.

It is believed that the Fafi gambling game was brought to this country by the Chinese in the early 1900s and was first enjoyed by miners. It is played like a lottery with numbers between 1 and 36.

The Smouse: The rickety green van would be seen in the distance accompanied by the toot toot of his hooter .

Once again all work ceased and the domestic workers would grab their baskets, shopping bags or even buckets and run off to meet him.

The Chartwell Smouse was a typical Indian General Dealer/ Trader who preceded the Spaza shops of today .

Cooking oil, paraffin, buttons, cigarettes ... his van was overflowing with these essential goods and now and again he 'u\'.ould delight the ladies with some specials- dress materials and bed linen.

Employers must have been much more relaxed and tolerant in those days as our workers would disappear for ages with the excuse of visiting either Fafi or the Smouse.



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